

## Volunteer Instructions –Kids Fitness Challenge (Coordinated and presented by UCO)

Bishop McGuinness High School

Saturday, June 2

Volunteer report time: 7:30 a.m.

Welcome! Thank you for volunteering!

### Sign-in Process

- Sign-in location – Volunteer table in gym foyer
- We want you to participate in your company team chant. Please sign-in at the volunteer table prior to Opening Ceremonies; they will begin promptly at 8:00 a.m. We will call you down immediately following to brief you on the kids' sign-in process.

### Volunteers Duties

- Assisting with kids sign-in process
- Assisting as needed on the field with kids events
- Handing out medals.

\*Each child will need to present a “ticket” with the words “Kids Fitness Challenge” on it. If someone wants to participate, but does not have a ticket, they **MUST** have a release filled out and signed by a parent or guardian. In return for their ticket or release, you will give them a colored bib (example below). This color coincides with a colored column on the field. This is the station where they will begin. **Please pass these out as they are in your stack; we need to distribute kids as evenly as possible between the stations.**



\*Children 10 and above will be eligible to participate in a 55 meter dash after the final station has been completed. Heats will be determined on the field by Bishop McGuinness staff. Every child will need a colored bib and medical release even if they do not wish to participate in the stations. There will not be a second medal awarded for this event.

Please report anything of interest, unsportsmanlike behavior, things that could be done better, etc. back to the volunteer table after the event.

#### Volunteer Shirts (must wear)

Your captains will receive these on May 29<sup>th</sup> and will get yours to you.

#### Miscellaneous Items

- Injuries - Don't assist, yourself. Find someone in a Medic Shirt.
- Grievances - If someone complains to you, nicely ask them to address the event staff. If needed, you can direct them specifically to Alicia Rambo, event coordinator.
- Water/Food – Water will be available, but if you feel you'll need a snack during your volunteer time please bring your own.
- Personal belongings—recommend you do not bring purses, wallets, etc.
- Children - Although we welcome families, please be considerate of your volunteer time.

Questions can be directed to your company team captains. See you there!